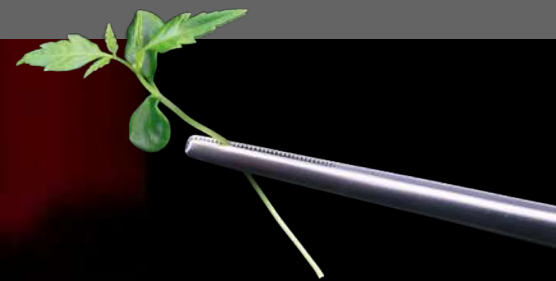
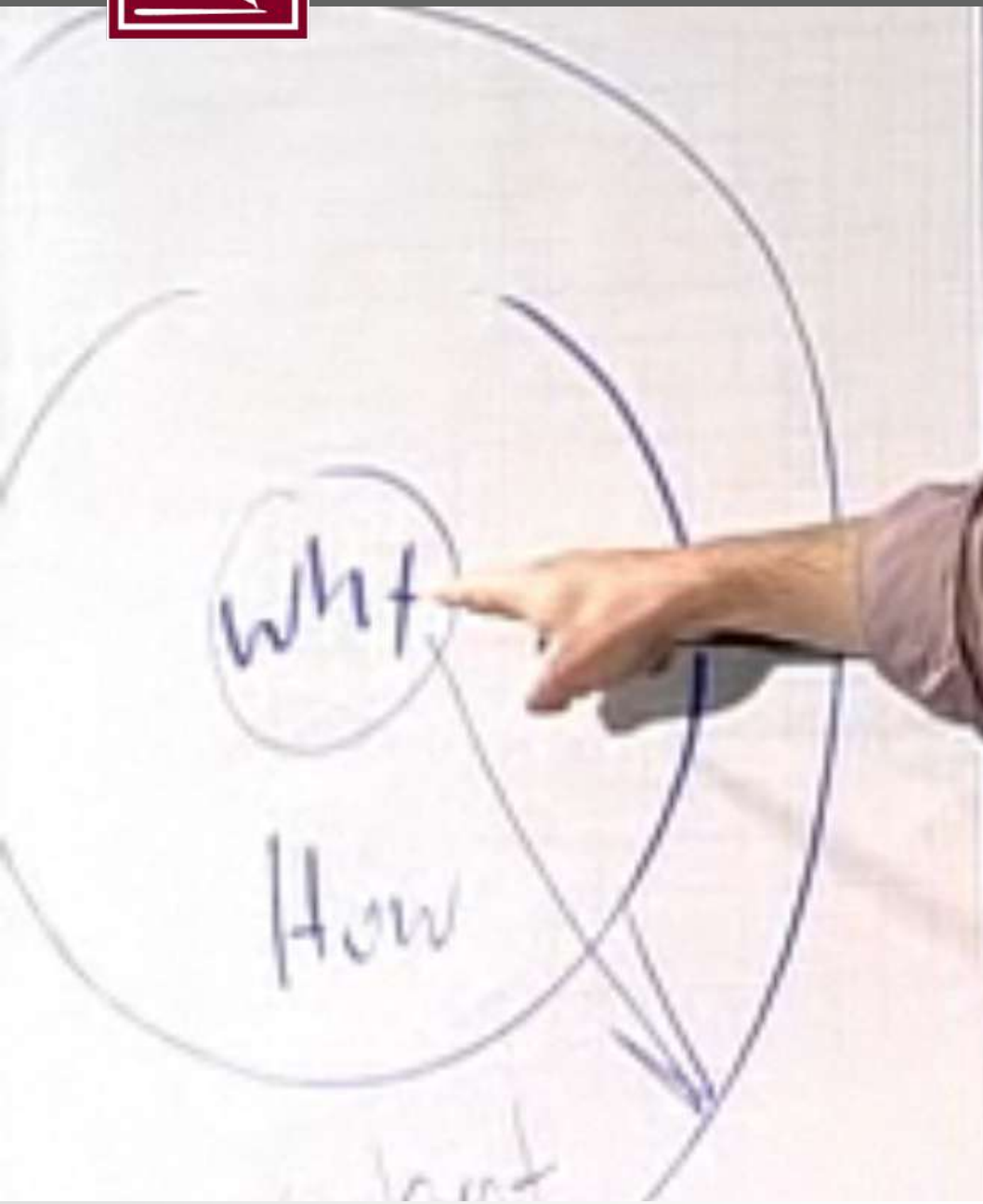




KOPPERT CRESS
Architecture Aromatique



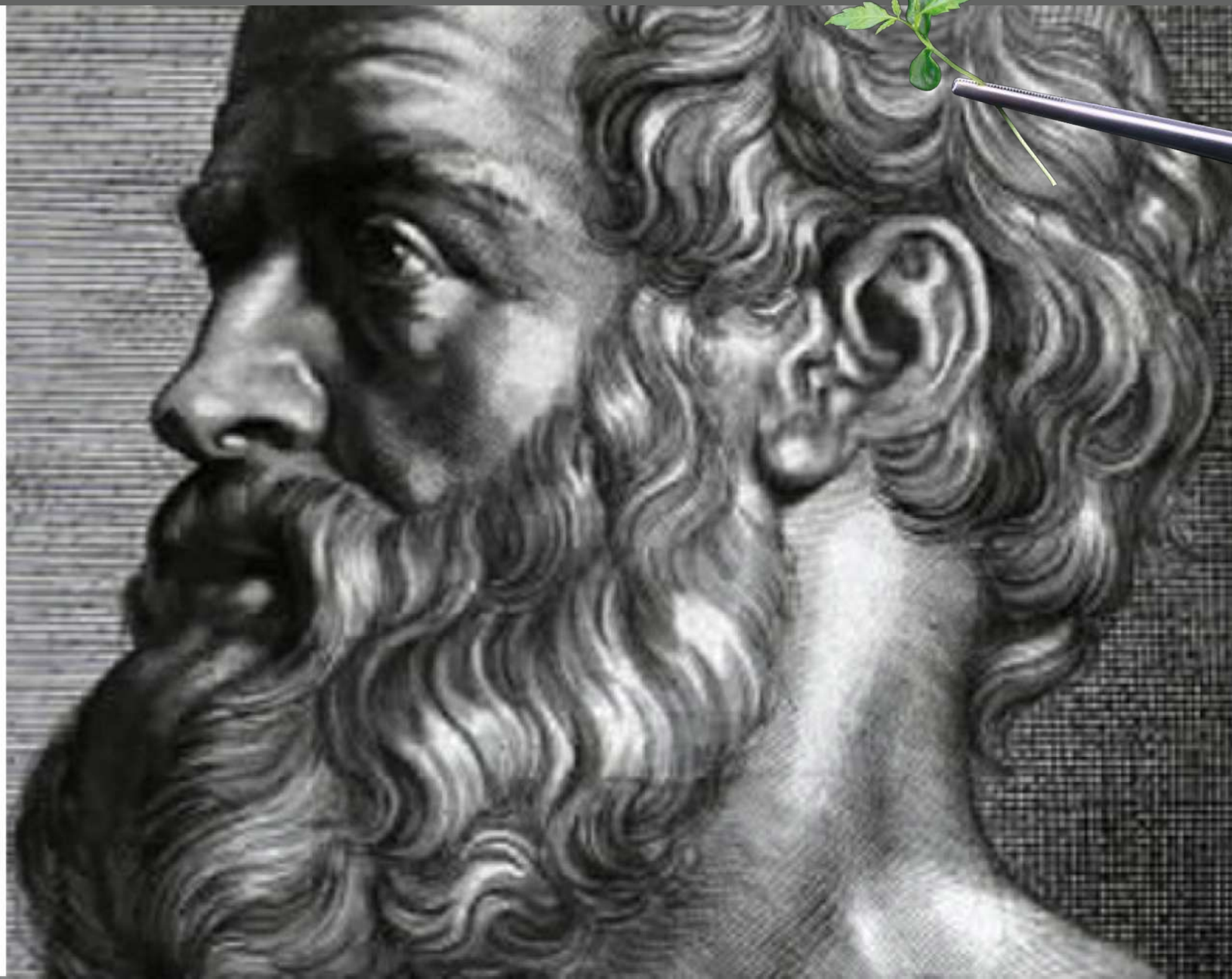


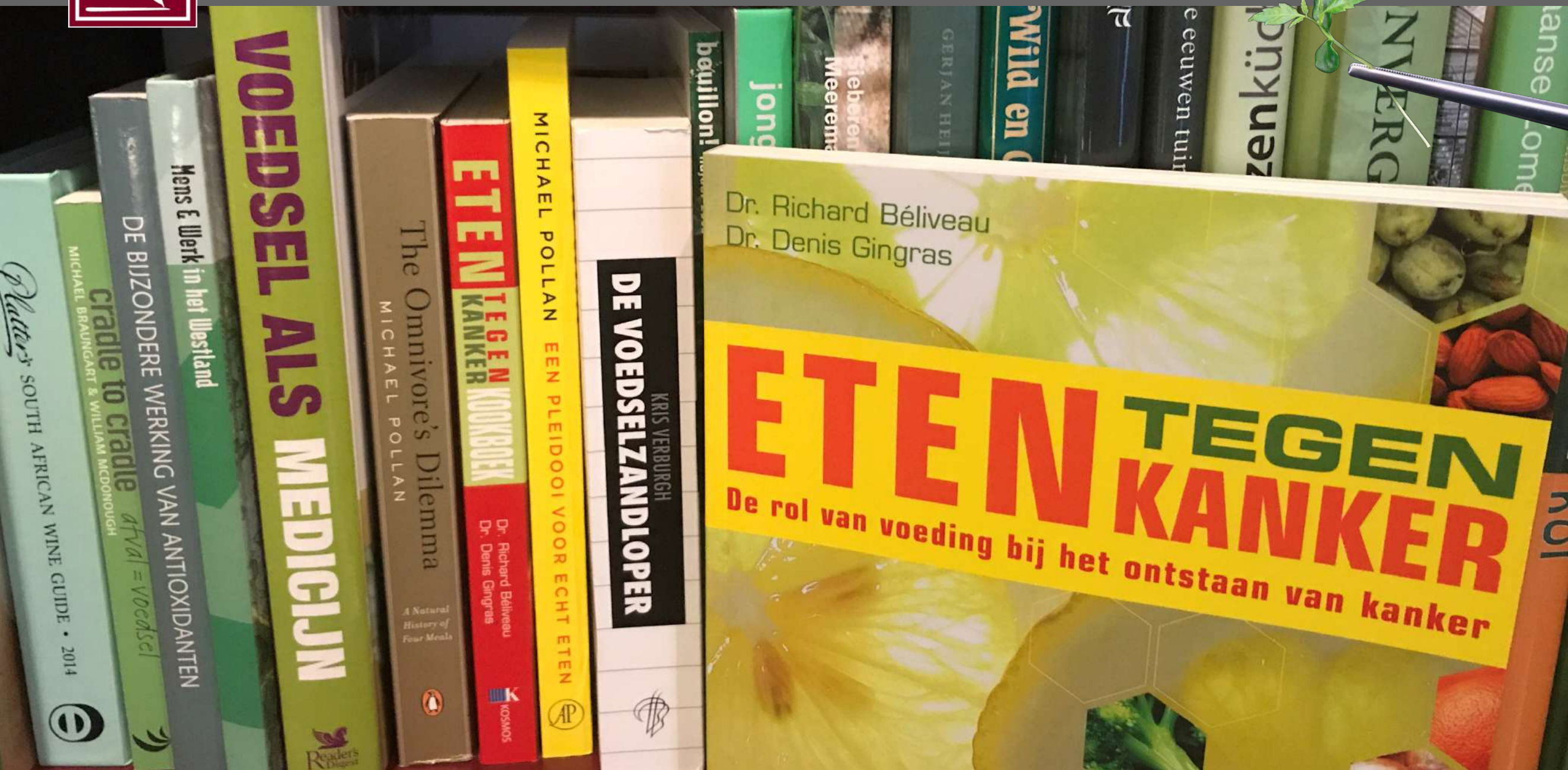




*"Let thy food be thy
medicine and thy
medicine be thy food."*

HIPPOCRATES





Dr. Richard Béliveau
Dr. Denis Gingras

ETEN TEGEN KANKER

De rol van voeding bij het ontstaan van kanker

KRIS VERBURGH
DE VOEDSELZANDLOPER

MICHAEL POLLAN EEN PLEIDOOI VOOR ECHT ETEN

ETEN TEGEN KANKER
KOOKBOEK

Dr. Richard Béliveau
Dr. Denis Gingras

The Omnivore's Dilemma
MICHAEL POLLAN

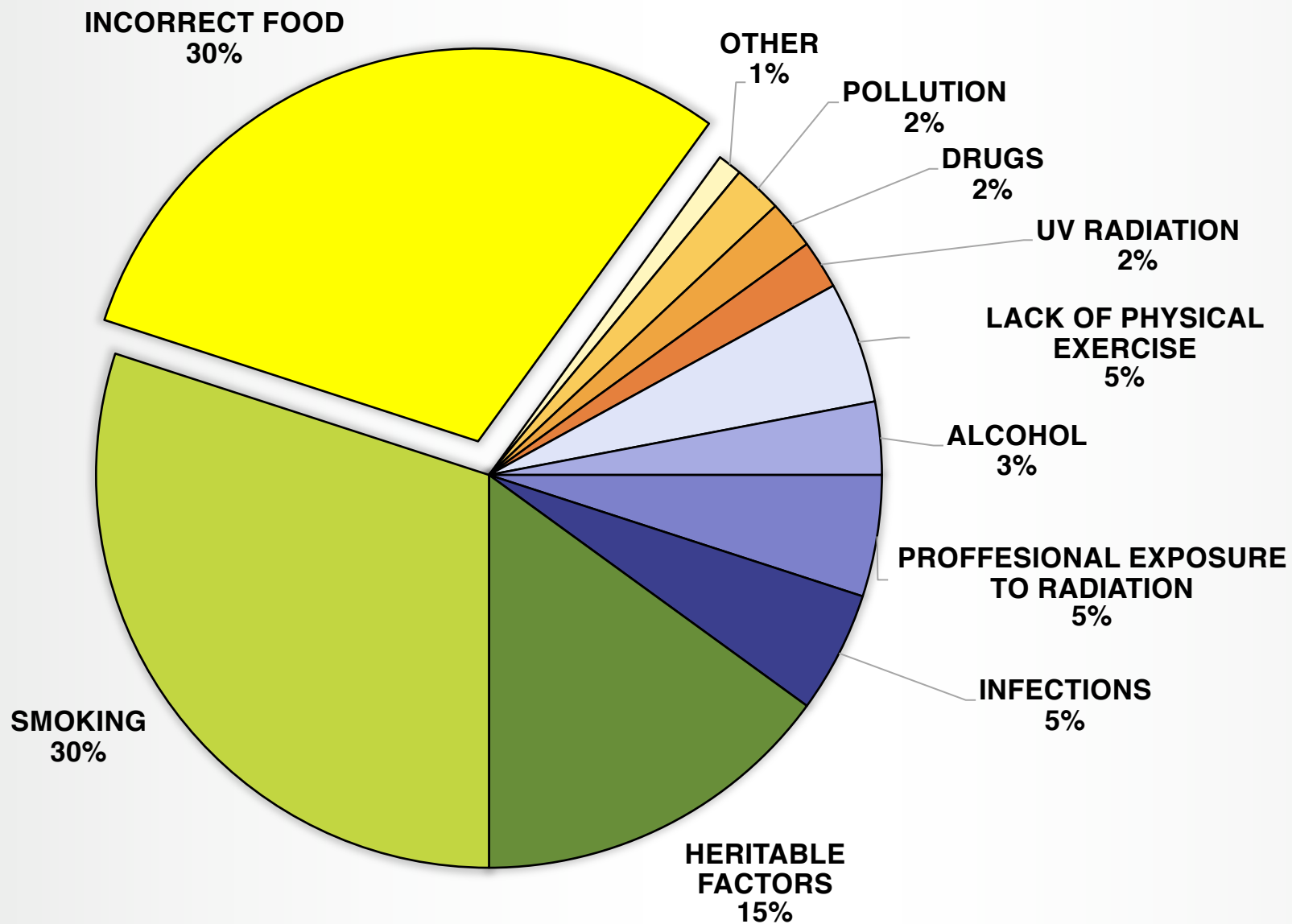
VOEDSEL ALS MEDICIJN

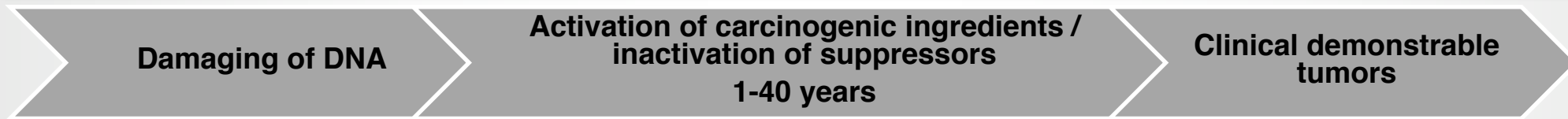
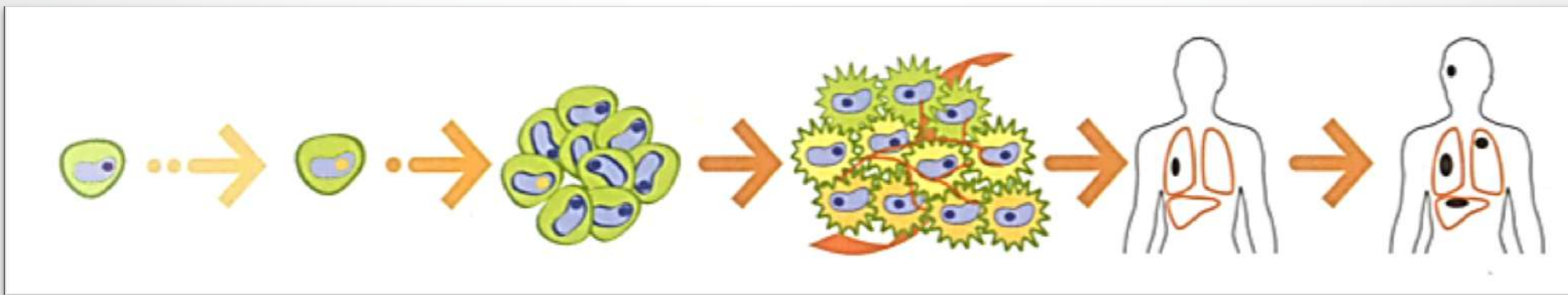
Mens & Werk in het Westland

DE BIJZONDERE WERKING VAN ANTIOXIDANTEN

cradle to cradle
MICHAEL BRAUNIGART & WILLIAM MCDONOUGH

Platter's SOUTH AFRICAN WINE GUIDE • 2014





Blocking the activity of carcinogenic ingredients

- Sulforafaan
- Indol-3-carbinol
- Diallylsulfide
- Ellaginezuur

Blocking the promotion and progression of cancer cells

- | | |
|-------------|--------------------|
| Curcumine | Anthocyanidinen |
| EGCG | Ellaginezuur |
| Genisteïne | Omega-3-vertzuren |
| Resveratrol | Limoneen |
| Lycopen | Proanthocyanidinen |



Lycopene
Anthocyanidins
Ellagic acid
Quercetin
Hesperidia



Lutein/Zeaxanthin
Isoflavones
EGCG
Isothiocyanates
Sulphoraphane

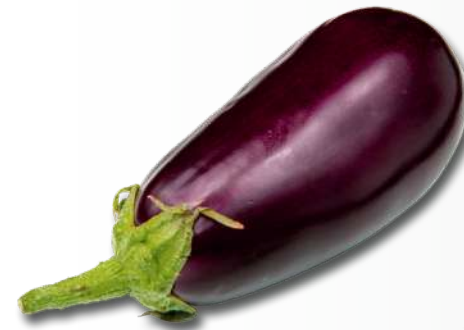


Glucosinolates
EGCG
Alicin
Quercetin
Indoles

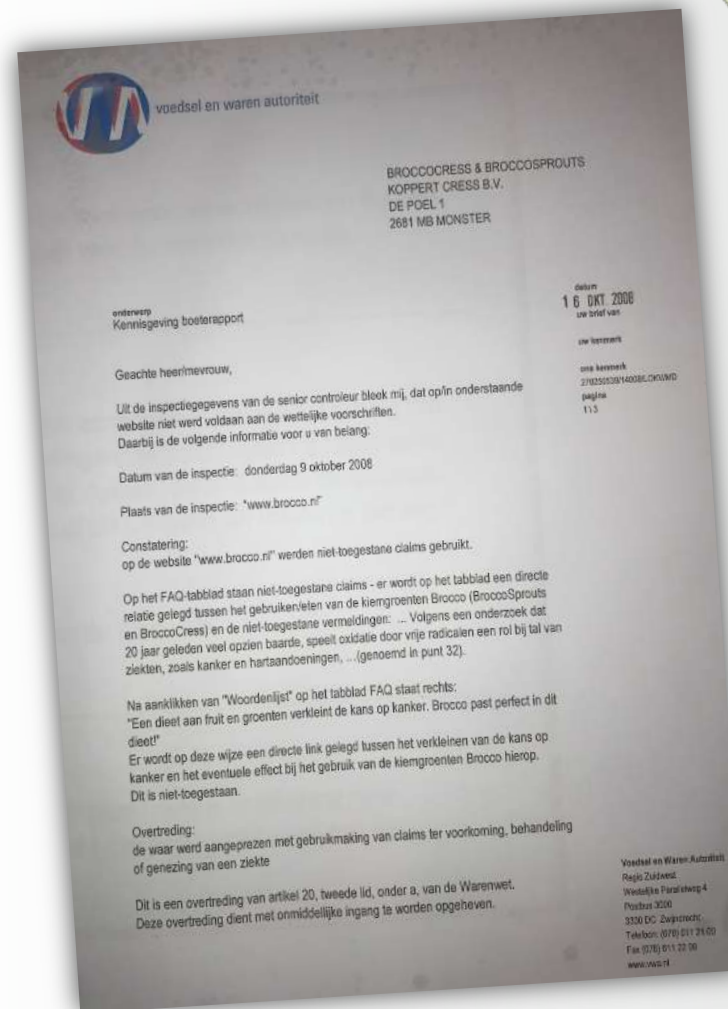


The Green Pharmacy

Alpha-Carotene
Beta-Carotene
Beta cryptoxanthin
Lutein/Zeaxanthin
Hesperidin



Resveratrol
Anthocyanidins
Phenolics
Flavonoids





15305 published studies on broccoli
Only 4 conducted on humans (human intervention studies)

The screenshot shows a PubMed search results page for the query 'broccoli'. The search bar at the top contains 'broccoli' and the search button is labeled 'Search'. The page displays 12,228 results, with the first three results listed. The first result is 'Selenium alleviates chromium toxicity by preventing oxidative stress in cabbage (Brassica campestris L. ssp. Pekinensis) leaves.' by Qing X, Zhao X, Hu C, Wang P, Zhang Y, Zhang X, Wang P, Shi H, Jia F, Qu C. The second result is 'A phytosterol enriched refined extract of Brassica campestris L. pollen significantly improves benign prostatic hyperplasia (BPH) in a rat model as compared to the classical TCM pollen preparation Qianlie Kang Pule'an Tablets.' by Wang R, Kobayashi Y, Lin Y, Rauwald HW, Fang L, Qiao H, Kuchta K. The third result is 'Genome-wide analysis of Dof family transcription factors and their responses to abiotic stresses in Chinese cabbage.' by Ma J, Li MY, Wang F, Tang J, Xiong AS. The page also includes a 'Results by year' bar chart and a 'Related searches' section.

NCBI Resources How To Sign in to NCBI

PubMed.gov PubMed | broccoli | Search

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Article types: Clinical Trial, Review, Customize ...

Text availability: Abstract, Free full text, Full text

PubMed Commons Reader comments

Publication dates: 5 years, 10 years, Custom range...

Species: Humans, Other Animals

Clear all Show additional filters

Display Settings: Summary, 20 per page, Sorted by Recently Added Send to: Filters: Manage Filters

Results: 1 to 20 of 12228 << First < Prev Page 1 of 612 Next > Last >>

Selenium alleviates chromium toxicity by preventing oxidative stress in cabbage (*Brassica campestris* L. ssp. *Pekinensis*) leaves.
1. Qing X, Zhao X, Hu C, Wang P, Zhang Y, Zhang X, Wang P, Shi H, Jia F, Qu C. *Ecotoxicol Environ Saf.* 2015 Jan 29;114C:179-189. doi: 10.1016/j.ecoenv.2015.01.026. [Epub ahead of print] PMID: 25638524 [PubMed - as supplied by publisher] [Related citations](#)

A phytosterol enriched refined extract of *Brassica campestris* L. pollen significantly improves benign prostatic hyperplasia (BPH) in a rat model as compared to the classical TCM pollen preparation Qianlie Kang Pule'an Tablets.
2. Wang R, Kobayashi Y, Lin Y, Rauwald HW, Fang L, Qiao H, Kuchta K. *Phytomedicine.* 2015 Jan 15;22(1):145-52. doi: 10.1016/j.phymed.2014.10.001. Epub 2014 Oct 23. PMID: 25636883 [PubMed - in process] [Related citations](#)

Genome-wide analysis of Dof family transcription factors and their responses to abiotic stresses in Chinese cabbage.
3. Ma J, Li MY, Wang F, Tang J, Xiong AS. *BMC Genomics.* 2015 Jan 31;16(1):33. [Epub ahead of print] PMID: 25636232 [PubMed - as supplied by publisher] **Free Article** [Related citations](#)

New feature: Try the new Display Settings option - Sort by Relevance

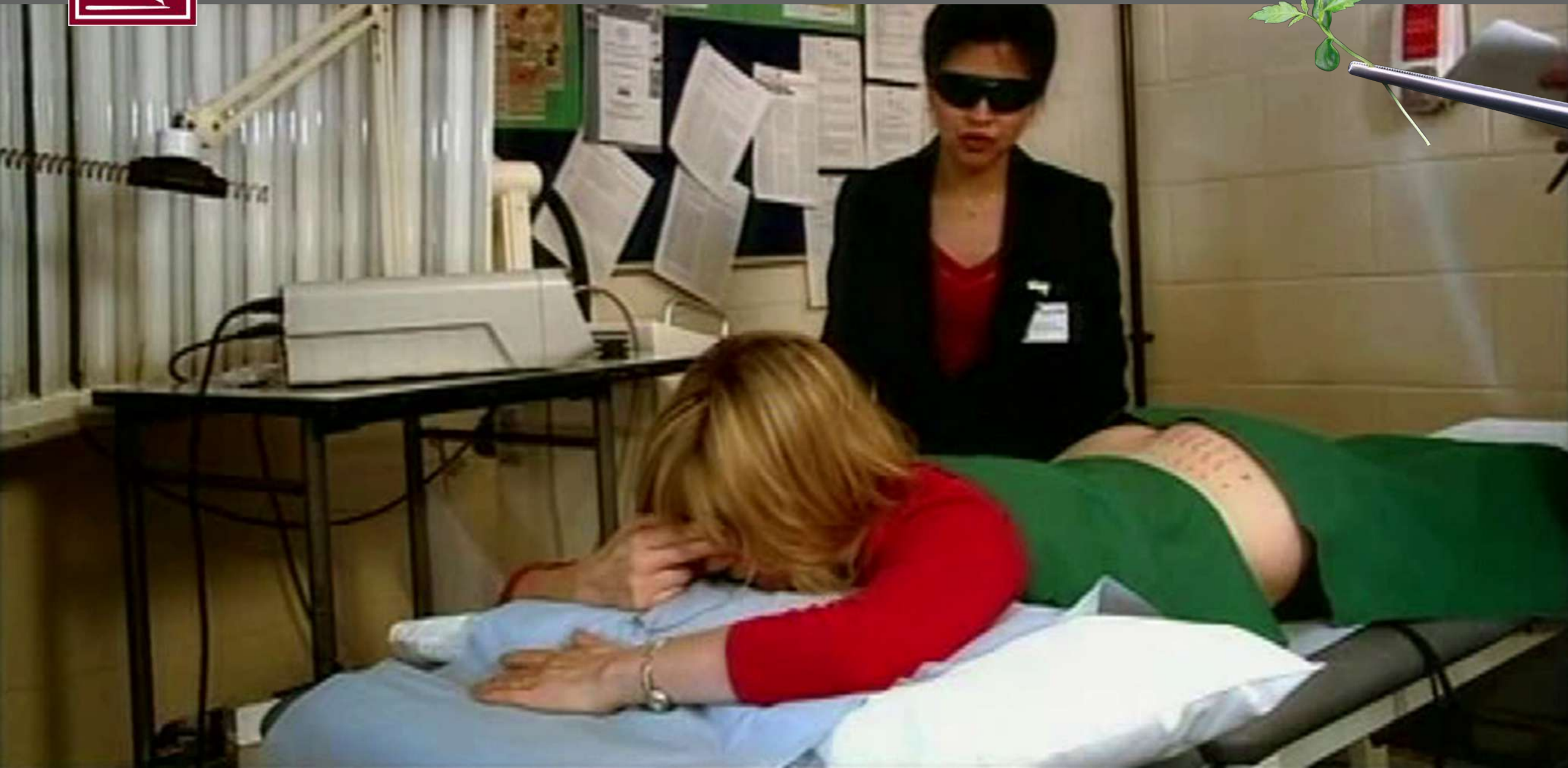
Results by year: [Bar chart showing results by year]

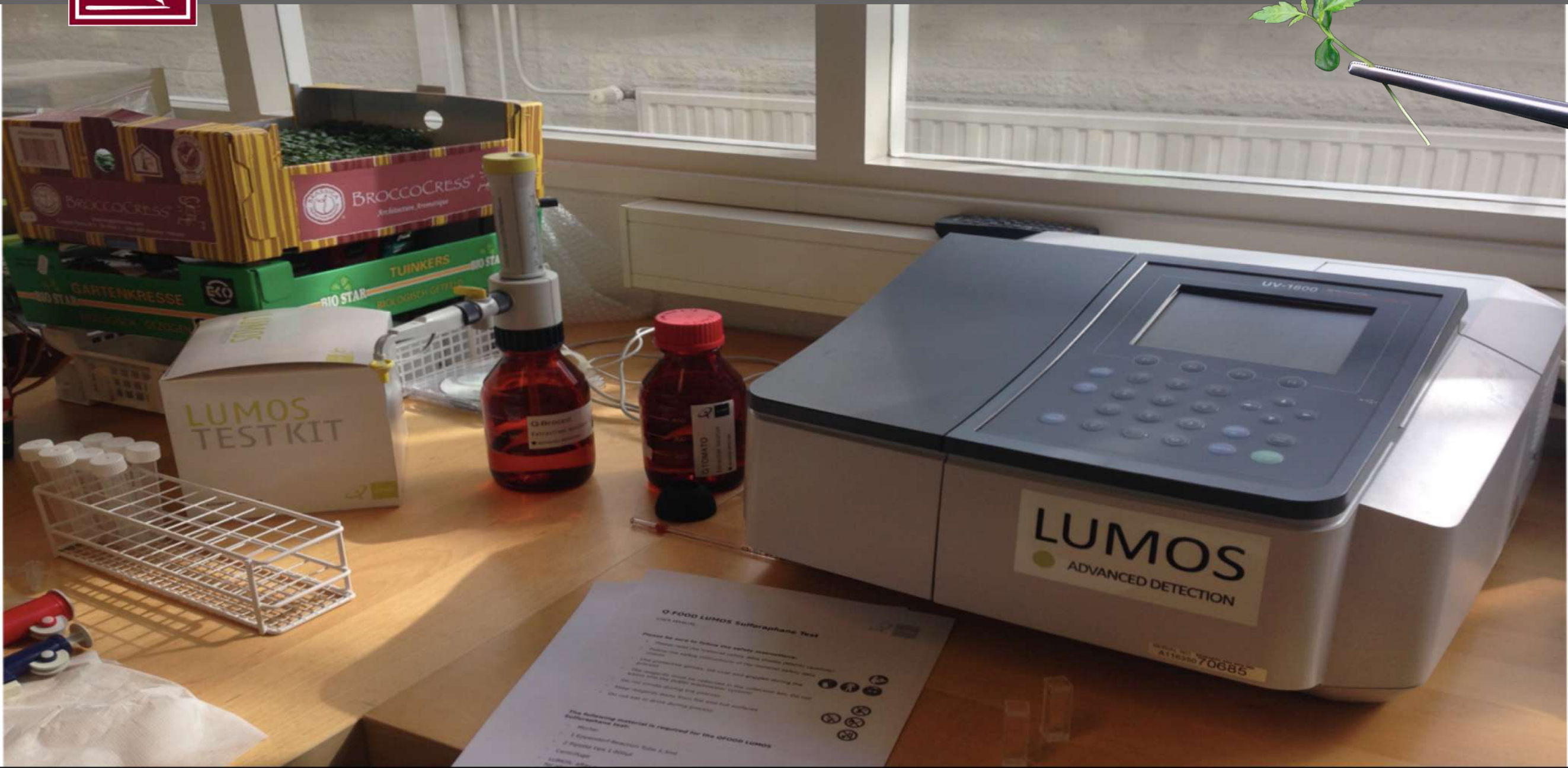
Related searches: broccoli sprout, sulforaphane broccoli, broccoli prostate, broccoli autism, broccoli cancer prevention

Related searches

- broccoli sprout
- sulforaphane broccoli
- broccoli prostate
- broccoli autism
- broccoli cancer prevention







O-FOOD LUMOS Sulfuraphane Test
2010-01-01

Please be sure to follow the safety instructions:

- Always wear eye protection when using acids, bases, organic solvents, oxidants, and other hazardous substances or any material under heat.
- Use appropriate gloves, eye cover and goggles during the test.
- Do not use any liquid or material in the container for the test.
- Do not inhale during the test.
- After handling acids, bases, eye cover and goggles should be removed.
- Do not eat or drink during process.

The following material is required for the O-FOOD LUMOS Sulfuraphane Test:

- 1. Reagent: Reaction Buffer & Solvent
- 2. Approx. 100g 2.000g
- 3. 1000µl
- 4. 1000µl



Electromagnetic spectrum



Radiation type



Wavelength
(approximate)

30 mm

1 mm

10 nm

0.01 nm

Visible light



700 nm

600 nm

500 nm

400 nm



Our focus: sulforaphane levels

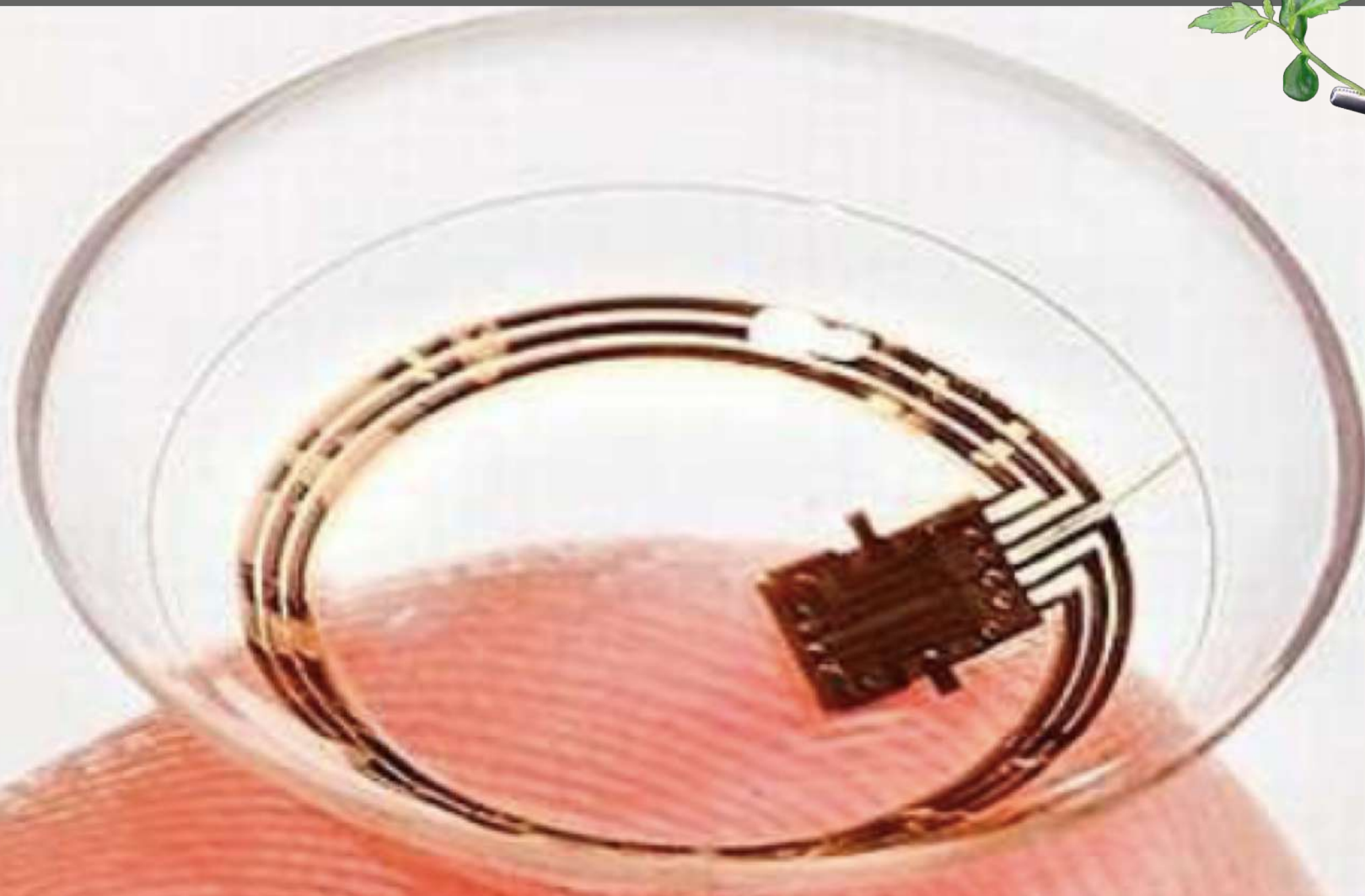


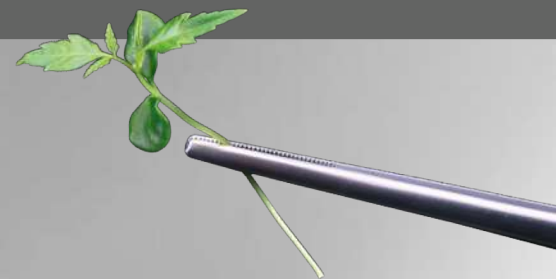
Broccoli (fresh):	0,2	mg per 100 grams
Broccoli (stir fried):	0,1	mg per 100 grams
Broccoli (boiled):	0,01	mg per 100 grams



1 sprout BroccoCress®: 0,13 mg

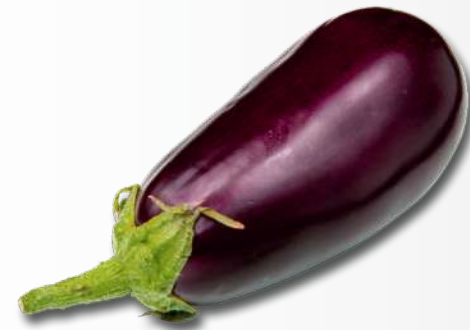








The Green Pharmacy





Restaurant derives from restore

[res·tau·rant (rst-ränt, -tr-nt)*n.* from present participle of restorer, *to restore*, from Old French restorer; see restore: to bring back to or put back into a former or original state (*Medical Definition of restore*)]





"Venite ad me omnes qui
stomacho laboratis
et ego vos restorabo"
"Kom naar mij, mensen die
langdurig zijn en ik zal u
herstellen"
Benedictus



"Let's change
the way we look at fresh
food and health"
"Laten we
op een andere manier
naar gezondheid
en voeding kijken"
Feb. 2018

"Een goede
maaltijd
brengt goede
mensen samen."
Socrates











KOPPERT CRESS
Architecture Aromatique